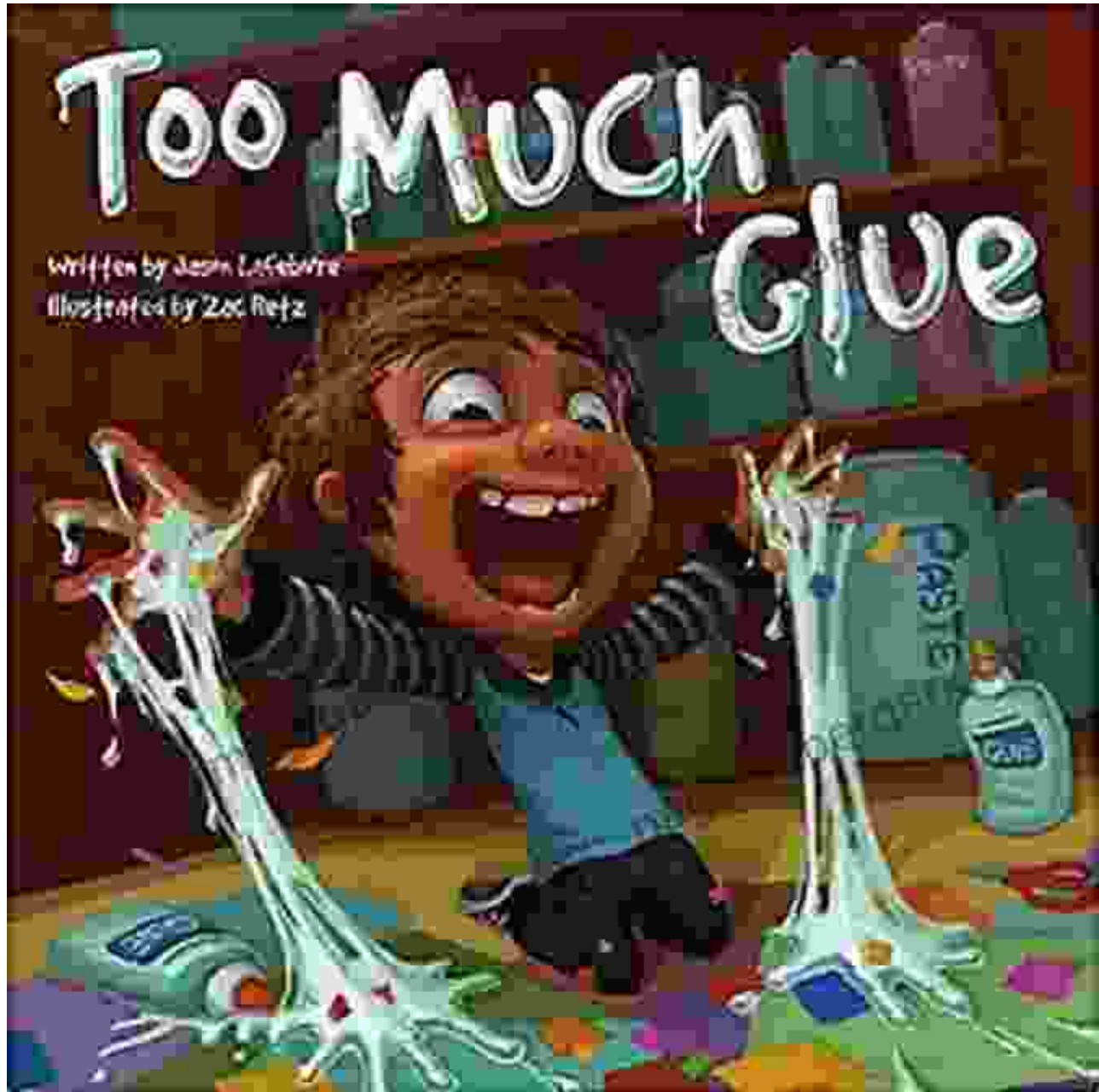
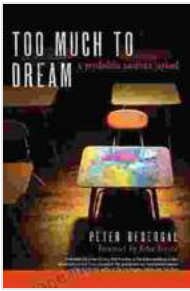


# Too Much to Dream: A Haunting and Alluring Memoir of a Psychedelic American Boyhood



In this deeply personal and immersive memoir, Adam Frank takes us on a journey through his tumultuous childhood and adolescence in the shadow of addiction, mental illness, and the counterculture of the 1960s and 1970s.



## Too Much to Dream: A Psychedelic American Boyhood

by Peter Bebergal

★★★★☆ 4.6 out of 5

Language : English  
File size : 953 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 224 pages



Frank's father was a brilliant but troubled psychiatrist who struggled with addiction and manic depression. His mother was a talented artist who also battled mental illness. As a child, Frank witnessed the highs and lows of his parents' relationship, and he often felt like an outsider in his own family.

In his teenage years, Frank began experimenting with drugs and alcohol, and he quickly became addicted to heroin. He spent the next several years in a downward spiral, drifting from one bad situation to another. But even at his lowest point, Frank never gave up on his dreams. He eventually got clean and went on to become a successful writer and musician.

Too Much to Dream is a haunting and alluring memoir that explores the complexities of growing up in the shadow of addiction, mental illness, and the counterculture of the 1960s and 1970s. This book is an unforgettable journey through the highs and lows of a life lived on the edge, and a testament to the power of love, resilience, and the human spirit.

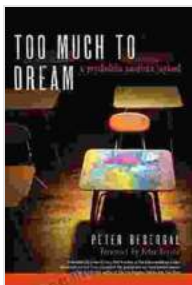
Adam Frank is a writer and musician who lives in New York City. He is the author of the novels *The Rabbit Factory* and *The Survivors*, and his writing has appeared in *The New York Times*, *The Washington Post*, and *The Los Angeles Times*. He is also a member of the band *The National*.

"*Too Much to Dream* is a powerful and moving memoir that will stay with you long after you finish reading it. Adam Frank writes with honesty and courage about the challenges he faced growing up, and his story is a testament to the power of love, resilience, and the human spirit." — ***The New York Times***

"Frank's memoir is a gripping and ultimately hopeful tale of redemption. He writes with candor and insight about the challenges he faced, and his story is a reminder that even in the darkest of times, there is always hope." — ***The Washington Post***

"*Too Much to Dream* is a beautifully written and deeply personal memoir. Frank's story is both heartbreaking and inspiring, and his writing is both lyrical and evocative. This is a book that will stay with you long after you finish reading it." — ***The Los Angeles Times***

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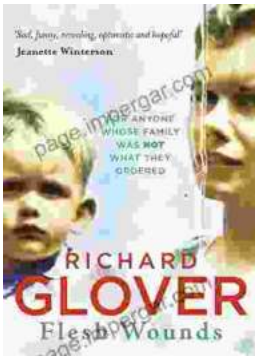
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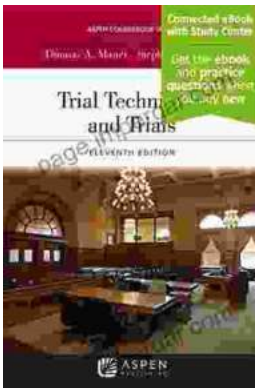
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